



## TRURO LOG

AUGUST 2011

TRURO COUNCIL ON AGING

WWW.TRURO-MA.GOV/COA

### FACE OF EXPERIENCE:

*Ruth Hollander* first came to Truro with her family in the summer of 1922. They rented a cottage on the top of Corn Hill. Just getting there was an adventure, starting out with a trolley ride from Lewisburg, a small college town in central Pennsylvania, to Reading Railroad Station. They took another train to Philadelphia and New York City where they boarded a boat to Boston going through the Cape Cod Canal where people honked horns and waved. Ruth's great aunt, who lived in Boston, arranged for Ruth's family of 6, her great aunt and her aunt's friend to take an excursion boat, the Dorothy Bradford, to Provincetown. In Provincetown from Centre Street to the Truro Station, this at the time was named Little Pamet. To get to their small cottage, they lugged their baggage up to the top of Corn Hill. Whew!

Ruth had a grand time looking at the stars from the privy, listening to Frank Joseph tell stories when he brought them vegetables, chickens and milk and jumping ten feet off of a dune to fly for a few wonderful moments.

Back home, Ruth attended Bucknell University with a major in English. She moved to New York in 1939 and attended Katharine Gibbs Secretarial School. Her first job was secretary to the General Manager organizing a staff for a new daily

tabloid, *Newsday*. She worked as secretary to the editors and was given the job of proof reader for the paper's first six months. After working as a secretary to an editor of *The Woman's Home Companion*, a side job was reading submitted manuscripts for the Fiction Editor, she eventually became the Fiction Editors' assistant. In that job, she read and recommended for publication to the Fiction Editor, John Steinbeck's "The Red Pony."

Ruth moved into a garden apartment in Greenwich Village. One day she saw a good looking tall guy with skis in the rumble seat of his beat-up Ford convertible. She wanted to ski but had no way to finance a trip to the slopes, so she introduced herself. He was her future husband, Harry Hollander, a Chemical Engineer grad from MIT. They skied a lot thereafter, even going by train to Vermont during the war when gas was rationed. They also had common interests in tennis and folk dancing. They learned international folk dancing with Michael Hermans International Folk Dance class in NYC. They taught folk dancing for 15 years in New Jersey and at McGill when they moved to Canada.

The Hollanders moved to Canada in the 50's and lived outside Montreal in a small town. Their house in the country was in the midst of Canadian French farms. Their youngest daughter, Joanne, 8,

was sent to the local, French, one room schoolhouse where she, of course, learned to read and write - French! Harry worked in Montreal's Hollander firm ("Have Your Furs Hollanderized for Everlasting Beauty"). After Hollanders folded, Harry taught artists and craftsmen how to use epoxy resins in their work. He wrote two books on the subject, still in print and used by sculptors and ceramists. On a vacation in England the Hollanders joined the English Folk Song and Dance group for a week of Morris and Playford country dancing at Newcastle under Lyme. Both were very happy to be given honorary membership in their Society.



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### **FACE OF EXPERIENCE: (continued)**

On another vacation on the Greek island of Crete they spent a month learning Greek folk dances which they later taught back home.

A vacation on Longboat Key ended with Ruth being asked to run the Pottery Studio at the Longboat Key Art Centre. She taught and managed the studio there for eight years. Harry worked in his laboratory nearby on his next book.

Fifty years after the first trip to Truro, Ruth and family moved to the end of Tom's Hill Road, next to the Ballentine family cottage, built in 1928. They had Eric Hammerstrom of Architects Collaborative design a "modern" house on the coastal bank overlooking the Pamet wetlands and the bay. It was built by the late Peter Brown, then owner of the barns and windmill, now Castle Hill Center for the Arts.

Harry died in 1977. Ruth needing to keep very busy volunteered to work at Provincetown's Center for Coastal Studies. She assisted oceanographer Graham Giese for eight years in his study of coastal seiches, twice going to Puerto Rico on research field trips. Ruth also served on the Truro Conservation Committee for 20 years.

Ruth's daughter, Laurie was an artist and had a son and daughter, but she died last October of pancreatic cancer. Her other daughter, Joanne, lives in Montreal and has developed a nutritious and delicious food called Soy Yummi and she is working on a cereal.

Now Ruth spends her summers here and moves to an apartment in Cambridge for the rest of the year. For 25 years she took courses at the Harvard Institute for Learning in Retirement and made pots at the Harvard Ceramics Studio. She had to stop because it became too hard to navigate in winter. Ruth has a pottery studio here, but has had to give up potting because of arthritis in her hands. She still gardens, goes for walks and swims when she can find a partner to go with her. Call her up if you would like to be her swimming partner. It would be well worth it, as Ruth is a fascinating person.

### **Israel's Settlements and Separation Wall: Security or Obstacle to Peace?**

Susan Nicholson describes her experiences on a study trip to Israel/Palestine in November 2009. With 40 other participants, she met and heard from religious leaders of the Palestinian Christian community, Israeli peace activists, leaders of a number of Palestinian and Israeli organizations dedicated to non-violent resistance to the Israeli occupation, an elected member of the Palestinian Parliament and former candidate for president of the Palestinian National Authority, an Israeli Arab member of the Knesset, the acting governor of the West Bank city of Nablus, and an official at the UN Office for the Coordination of Humanitarian Affairs in East Jerusalem.



On the last day of her tour, she stood in solidarity with Palestinian, Israeli, and international peace activists in a non-violent demonstration against the Israeli barrier built on land taken from the Palestinian village of Bil'in.

Susan, a graduate of Harvard Law School, practiced law in Boston for 25 years until her retirement in 2008. Before practicing law, she was a tenured member of the Philosophy Department at Chatham College in Pittsburgh, Pennsylvania, where she specialized in ethics. Currently a resident of Gloucester, Massachusetts, and a member of the North Shore Coalition for Peace and Justice, she has been actively involved in the Israeli/Palestinian issue over the past 10 years. During the fall and winter of 2010-2011, she lived in Beirut, Lebanon where she audited a course at the American University of Beirut on the Arab/Israeli conflict.

Presentation will be held at the Truro Council on Aging  
Tuesday, August 23 1:30P.M.  
Please RSVP by Friday, August 19

## BENEFIT DETECTIVES OFFER PENSIONERS A LIFELINE

### PENSION SLEUTHS

The New England Pension Assistance Project offers free help to people in all six New England states who have trouble understanding or obtaining their pension benefits.

Launched in 1994, the group operates mainly on funds from the U.S. Administration on Aging. It traces missing pensions and offers other help. The group has recovered more than \$37 million for more than 5,400 clients. It handles about 350 cases a year involving employer-sponsored retirement plans, such as pensions and 401(k) plans.

To reach the group, call toll-free at 1-888-425-6067, or write: New England Pension Assistance Project, Gerontology Institute, University of Massachusetts Boston, 100 Morrissey Blvd., Boston, MA 02125.

### MYSTERY BOOK CLUB

AUGUST 12

#### The KING of TORTS

John Grisham

### Hyannis Shopping

It seems Trader Joe's is the favorite! Let us know if you want to go.

#### **Friday, August 19**

Meet at the Truro COA at 9A.M.  
Reservations a must..508-487-2462

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### IN MEMORIAM

Malcolm H. Preston  
Richard (Dickie) Steele  
Harvey Dodd

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### BRIDGE

Back for the summer!!

Come in and enjoy a casual bridge game.

Played on **Wednesdays from 1:30-3:30**, beginning July 20th and continuing into the fall.



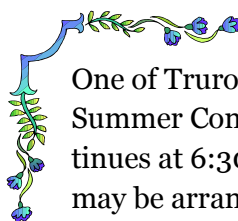
In addition to Bridge, are there any **SCRABBLE** or **CRIBBAGE** players in town? Give us a call if you are and would like to get a group together. 508-487-2462

### BUS TRIP !

The Friends of the Truro Council on Aging are sponsoring a bus trip to Mohegan Sun. We are planning the trip for September (no definite date has been scheduled yet). Please call Kitty Stevens to let us know if you would like to be on the reservation list. When the response is better known, we will notify everyone with a definite date. Residents from Wellfleet and Provincetown are also welcome. 508-487-0350



A huge **THANK YOU** to Captain Shannon Corea and E.M.T. Linda Rego, members of the Truro Rescue Squad, for taking the time to speak at the COA on the importance of maintaining a FILE of Life.



One of Truro's favorite summertime traditions, the Summer Concert Series on the village green, continues at 6:30 p.m. on Thursdays. Transportation may be arranged if needed.



**Medicare Open Enrollment is Changing!**  
**New Dates: OCTOBER 15 – DECEMBER 7**

The annual Medicare Open Enrollment (**October 15 - December 7**) is the time to enroll in or **CHANGE** your Medicare coverage for next year. State-certified SHINE (Medicare) Counselors can help you understand your plan, as well as other options you may have. Call now to schedule a SHINE appointment during the Open Enrollment.

In September, if you are a member of a Medicare Prescription Drug Plan or a Medicare Advantage Plan, you will be getting information in the mail about changes to your current plan. Be sure to save this information and bring it, along with your prescription drug list and Medicare card, to your SHINE appointment.

**Remember: The Medicare Open Enrollment ends on December 7!**

**DO NOT WAIT UNTIL IT'S TOO LATE!**

Trained SHINE (Serving Health Information Needs of Elders) volunteers offer free, confidential counseling on all aspects of health insurance to anyone on Medicare. Call 1-800-AGE-INFO (1-800-243-4636), then press or say 3. Once you get the SHINE answering machine, leave your name and number. A volunteer will call you back, as soon as possible. For assistance from a Medicare customer service representative 24 hours/day, 7 days/week, call 1-800-MEDICARE. You can also call the senior center (508)487-2462 and ask for a SHINE appointment.

**DUFFY MOBILE HEALTH CLINIC SAVES LIVES**

"Clients sense it might be less intimidating than a regular medical office and with a positive experience, gives them the confidence and strength to participate in an even greater level of care at the Duffy Clinic in Hyannis."

Nurse practitioners can provide basic medical care on board the Mobile Health Clinic as well as linkages to more specialized care as needed. Outreach workers are trained to determine eligibility for services, assist clients in applying for benefits and ensuring that anyone who comes to Duffy will be supported in their efforts to secure quality healthcare.

Duffy was created to provide healthcare to people who are homeless or at risk of becoming homeless. Beyond medical care, Duffy provides case management, housing placement and other services that give our clients a path to healthy, independent living.

The Mobile Health Clinic hours for the Lower Cape are Wednesdays, 9 A.M.-Noon, Lower Cape Outreach Center, 19 Brewster Cross Road, Orleans.

Duffy Health Center, 94 Main St., Hyannis

Mon, Tue, Thur, & Fri 9 A.M.-5 P.M.

Wednesday 9 A.M.-Noon

For more info, visit [www.duffyhealthcenter.org](http://www.duffyhealthcenter.org)

or call 774-251-0370



**SIGHT LOSS  
SUPPORT GROUP**

This self help group provides peer support, coping skills and problem solving strategies that help them maintain a productive and independent lifestyle. Hearing devices and transportation are available. The Truro meeting is the fourth Monday of each month September through June from 10A.M.-Noon at the Truro COA. Please let anyone you think may benefit from this type of meeting know.

**September 26** will be the first meeting of the new year.

Transportation available.



Ray Elman has been making large scale portraits of people in the Outer Cape art community since 1989. The COA Gallery will exhibit Elman's portraits of some of the artists and writers he met during the 1970s, his first decade living in Truro.

Included in the exhibit will be portraits of Sydney Simon, B.J. Lifton, E.J. Kahn, Jr, Lee Falk, Walter Bingham, Varujan Boghosian, and Anne Bernays.

Elman's portraits of Pulitzer Prize winning poets Alan Dugan (Truro) and Stanley Kunitz (Provincetown) are included in the permanent collection of the Smithsonian National Portrait Gallery. The Kunitz portrait is on display at the National Portrait Gallery until November, 2011.

Elman's portrait of U.S. Ambassador Alan Solomont and his family (Truro summer residents), is currently on display at the embassy in Madrid.

Elman moved to Truro in September, 1970, and has made it his home base ever since. He started the Outer Cape Repertory Film Society in 1971, ran the To Be Coffeehouse from 1972 to 1973, and he served for many years on the board of directors of the Provincetown Art Association and Museum, the Provincetown Group Gallery, and the Wellfleet Harbor Actors Theater. Elman and Chris Busa cofounded *Provincetown Arts* magazine in 1985 (Ray left the magazine in 1989, when his son, Evan, was born).

Ray is married to Lee Elman, who until recently served as President of Truro Center for the Arts at Castle Hill. Their son Evan, who attended the Truro Central School, is a senior at the University of British Columbia, but still considers Truro his home base.

For more information see [www.rayelman.com](http://www.rayelman.com)

**Opening Reception is Sunday  
August 7, 2-4P.M.**

*All are Welcome.*

## COA GALLERY - AUGUST

### RAY ELMAN



Title: "Gibson"  
Oil & digital  
collage on  
canvas (2007)

**John Magin**—As an artist, I have explored multiple media. Glass was my first serious fascination. I majored in glass at Mass. College of Art in Boston studying under Dan Daley. I received my B.F.A. and was recognized by the Corning

Museum of Glass in "New Glass Review 5". After graduating I had the honor of a fellowship at the Creative Glass Center of America where I was awarded the Rothko award of excellence for my work. The University of Illinois then offered me a graduate teaching position and full scholarship to their M.F.A. with Bill Carlson in glass. I accepted the position, but decided I wanted to explore sculpture instead. While there I received a Best in Show award at the Evanston Art Center in Chicago for my sculpture. Now about my work . . . Transforming objects and materials has always fascinated me. . . My work is additive not reductive. When I work my gut, my heart, and my brain come together in what I call my "art zone" where time stands still. Sounds weird, but the "zone" is where everything comes from. The sculptures that emerge from this process always surprises me.

**Barry Barnes**—I have had many a career but art and artistic sensibilities have always been an important part of my life as long as I can remember.

I grew up in Melrose, MA, just outside of Boston. Went to college at Williams in the Berkshires and then on to Georgetown Law in D.C. After a public service law career mostly with the Federal Trade Commission I turned to the restaurant business - Gallerani's Cafe in Provincetown. As many of you may know an exciting and wonderfully rewarding phase of my life. Now I am semi-retired and living in Ptown and Kauai.

Throughout this time I have been doing artwork. It started out with photography (with my father actually), water colors (studied with Gail Browne), then pastels (John DiMestico), oils (Carol Westcott).

I think the power of art for me is primarily the beauty of the aesthetic and color - entertainment for the eye, the ability to be transformed into another place, and/or the ability of an artwork to make you look at something with a new and refreshed eye.

**Opening Reception is Sunday  
September 11, 2-4P.M.**

*All are Welcome.*

## COA GALLERY - SEPTEMBER

### JOHN MAGIN & BARRY BARNES



## AUGUST COA CAFÉ

TUESDAY 12:30

\$7.50

### August 2

Oven Fried Chicken  
Potato Salad  
Corn & Tomato Salad

### August 9

Vegetarian Lasagna Rolls  
w/Roasted Red Pepper  
& Tomato Sauce  
Mixed Green Salad

### August 16

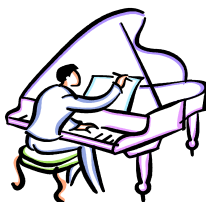
Baked Cod  
w/Lemon Caper Sauce  
Buttered Egg Noodles  
Roasted Beets & Carrots

### August 23

Pasta w/Sun Dried  
Tomatoes, Pine Nuts  
& Spinach  
Mixed Green Salad

### August 30

Fruited Chicken Salad  
w/Honey Dijon Vinaigrette  
(Apples, Grapes, Walnuts)  
Spinach & Tomato Salad



## John Carbone's Friday at the Movies

### August 5

#### Indiscreet (1958)

Cary Grant & Ingrid Bergman

### August 12

#### The Rose (1979)

Bette Midler & Alan Bates

### August 19

#### Sister Act (1992)

Whoopi Goldberg, Kathy  
Najimy & Maggie Smith

### August 26

#### Sister Act 2 (1993)

Whoopi Goldberg, Kathy  
Najimy & Maggie Smith



Movie begins at 1:30

### FREE POPCORN

Please call if you need any  
further info. 508-487-2462

### COME IN AND COOL OFF!

WE MAY BE LUCKY ON SOME  
TUESDAYS TO HAVE A WON-  
DERFUL "PIANO MAN" TO PLAY  
SOME NOSTALGIC TUNES FOR  
US DURING THE LUNCH HOUR.

MAYBE WITH A LITTLE EN-  
COURAGEMENT HE'LL STAY A  
LITTLE LONGER AND PLAY SOME  
REQUESTS!!



### REMINDER

ANY LUNCHEON  
RESERVATIONS OR  
CANCELLATION

MUST BE MADE BY  
NOON ON MONDAY

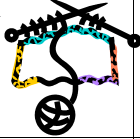




CHECK OUT THE WEBSITE  
FOR THE TRURO  
MEMOIRS GROUP

[www.truromemoir.org](http://www.truromemoir.org)

# August 2011



| Mon   | Tue   | Wed  | Thu   | Fri   |
|---|---|--|---|---|
| <b>1</b><br>Strength Training<br>9-10<br>Memoirs<br>10:30-12:30   | <b>2</b><br>COA CAFÉ<br>12:30<br>Needlework<br>10-Noon<br> | <b>3</b><br>Strength Training<br>9-10<br>Weight Loss<br>10-10:30<br>Bridge 1:30-3:30   | <b>4</b> Wii 10:30<br>Men's Group 9-10<br>CORE 11-Noon<br>PACE 12:30-1:30<br>Mahjongg 1-4<br>Foot Clinic<br>(by appointment)            | <b>5</b><br>Strength<br>Training 9-10<br>FREE Friday<br>Movie 1:30                                |
| <b>8</b><br>Strength Training<br>9-10<br>Memoirs<br>10:30-12:30   | <b>9</b><br>COA CAFÉ<br>12:30<br>Needlework<br>10-Noon  | <b>10</b> Strength<br>Training 9-10<br>Weight Loss<br>10-10:30<br>Bridge 1:30-3:30<br>Legal Assistance<br>(by appointment)   | <b>11</b><br>Wii 10:30<br>Men's Group 9-10<br>CORE 11-Noon<br>PACE 12:30-1:30<br>Mahjongg 1-4   | <b>12</b><br>Strength<br>Training 9-10<br>Mystery Book<br>Club 12:30<br>FREE Friday<br>Movie 1:30 |
| <b>15</b><br>Strength Training<br>9-10<br>Memoirs<br>10:30-12:30  | <b>16</b><br>Story Swap 11a.m<br>COA CAFÉ<br>12:30<br>Needlework<br>10-Noon   | <b>17</b><br>Strength Training<br>9-10<br>Weight Loss<br>10-10:30<br>Bridge 1:30-3:30<br> | <b>18</b><br>Wii 10:30<br>Men's Group 9-10<br>CORE 11-Noon<br>PACE 12:30-1:30<br>Mahjongg 1-4   | <b>19</b><br>Strength<br>Training 9-10<br>FREE Friday<br>Movie 1:30<br>Hyannis<br>Shopping 9A.M.  |
| <b>22</b><br>Strength Training<br>9-10<br>Memoirs<br>10:30-12:30<br> | <b>23</b><br>COA CAFÉ<br>12:30<br>Israel/Palestine<br>Presentation 1:30<br>Needlework<br>10-Noon  | <b>24</b><br>Strength Training<br>9-10<br>Weight Loss<br>10-10:30<br>Bridge 1:30-3:30  | <b>25</b><br>Wii 10:30<br>Men's Group 9-10<br>CORE 11-Noon<br>PACE 12:30-1:30<br>Mahjongg 1-4   | <b>26</b><br>Strength<br>Training 9-10<br>FREE Friday<br>Movie 1:30                               |
| <b>29</b><br>Strength Training<br>9-10<br>Memoirs<br>10:30-12:30  | <b>30</b><br>COA CAFÉ<br>12:30<br>Needlework<br>10-Noon   | <b>31</b><br>Strength Training<br>9-10<br>Weight Loss<br>10-10:30<br>Bridge 1:30-3:30  | <b>COA GALLERY</b><br><br><b>RAY ELMAN</b><br><b>Opening Reception is Sunday</b><br><b>August 7, 2-4P.M.</b><br><i>All are Welcome.</i> |   |

TRURO COUNCIL ON AGING

P. O. BOX 500

TRURO, MA 02666

BULK RATE

U.S.

POSTAGE

PROVINCETOWN, MA

02657

PERMIT #1

CURRENT RESIDENT OR

## TRAVEL

The Truro Council on Aging will be advertising trips that are offered through Funtastic Getaways . The organization is out of Falmouth, but they have a pick up for day trips as close as Patriot Square in Dennis. If you're interested in a particular trip, **call Funtastic Getaways directly for additional information and reservations toll free 866-518-6877**

**Red Sox vs Tampa Bay at Fenway Park**—Friday, September 16

Cheer on the Red Sox at Fenway Park from our seats in **right field box 1, rows G – N, by Pesky's Poll**. The game starts at 7:10 PM, and we will arrive at 5:00 PM to give you time to enjoy the ballpark and batting practice before the game. This game has a Player-Fan Photo Session, so immediately following batting practice, a player (TBD) will take photos with fans for thirty (30) minutes (place TBD). **Full payment is required to reserve your seats, and ticketing is assigned when we receive your payment.** We reserve the right to cancel your reservation and resell your ticket if payment is not received in a timely manner. **\$ 99**

**New Hampshire Highland Games**—Saturday, September 17

The NH Highland Games is **one of the most diverse celebrations of Scottish Arts and Culture in the United States**, a unique blend of competitions, festival music, food, vendors and activities that draws people from all over New England. Enjoy **fiddle, bagpipe and harp music, highland dance competition, concerts**, and the **Highland Games themselves**. You'll find ethnic and traditional food, Celtic crafts, a vendor village, and multiple stages filled with traditional and contemporary musicians and performers, and whiskey tasting seminars (extra fee for tastings). **\$ 85**

## FRIENDS OF THE TRURO COUNCIL ON AGING BOARD

John Monahan, Chair; Jeanne Foulke, Vice Chair; Girard Smith, Treasurer; Joan Moriarty, Secretary; Board Members: Stephen Currier, Lucie Grozier, Martha Ingrum, Florence Johnson, Diane Rose.

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**COUNCIL ON AGING HOURS: 8:00 - 4 MONDAY - FRIDAY  
OTHER HOURS POSSIBLE BY APPOINTMENT, 508-487-2462**

*Funding for this newsletter is provided by the Massachusetts Executive Office of Elder Affairs, and the Friends of the Truro Council on Aging. Thank you! And thanks to Naz Basmajian, Nancy Edwards, Bobbie Kane, Joan & John Moriarty, Hilde Oleson, Helen Perry & Karen Mooney for their invaluable help with the bulk mailing. Thank you to Anne & Howard Irwin for their vigilant proof reading and copy editing.*